

called to be free...

*You, my brothers and sisters,
were called to be free. But
do not use your freedom to
indulge the flesh; rather, serve
one another humbly in love.*

- Galatians 5:13



our mission.

We exist to help as many women as possible find freedom from addiction, renewed hope and rebuild their lives through faith in Jesus Christ.



*Rachel House is a ministry
of Lighthouse Ministries and
The Journey on Leestown.*

contact us.

*We are a tax exempt non-profit
organization that depends on donations.*

Tay Henderson, *Executive Director*
Lighthouse Ministries

859.312.8321
therachelhouse113@yahoo.com
therachelhouse.com

lighthouselex.org/rachel-house



RACHEL HOUSE
TRANSITIONAL LIVING FOR WOMEN



our story.

Tay Henderson has been the Executive Director of Lighthouse Ministries in Lexington, KY since 2004. She was also the director of Nehemiah House, a faith-based recovery program, for twelve years during that time. For many years, Tay has aspired to fulfill her late husband's dream of opening a transitional recovery home for women. Rachel House is a realization of that dream. Tay is a mother of five and has eight grandchildren.

about us.

Rachel House is a faith based, transitional home for women in addiction recovery. We exist to offer women a place to find freedom, renewed hope and rebuild their lives once they have completed their inpatient rehab services. We believe that true freedom from addiction comes through faith in Jesus Christ. God has placed a call on our hearts to help as many women as possible in the Bluegrass Region of Kentucky who are broken and trapped in the disease of addiction.

our services.

As a transitional sober living home, we offer:

- Faith-based program
- Drug- and alcohol-free environment
- Structured accountability
- Life skills classes
- Peer support
- Case management
- Coaching, mentoring and discipleship
- Weekly offsite and in-house meetings

facility & fees.

- Six beds
- Live-in house manager
- Laundry facility and linens provided
- Fully-equipped kitchen
- Shared bathroom
- Designated smoking area
- Bus pass
- Non-refundable deposit: \$200
- Weekly Rent: \$115

Our staff is dedicated to helping residents cultivate a personal relationship with Jesus, a sober lifestyle, personal responsibility and achieve set goals.
